Love is the most wonderful, deepest, indescribable feeling for someone.

Love is a very powerful thing. When you are in love, you always want to be with that person, because without them your life would not be complete.

Love is a kind of selfless affection, without limits or conditions.

When you love someone, you want nothing more than to want them to be happy, because you put your lover first.

Love can make everything seem brighter, happier, and more wonderful when you're in love. If you find it, don't let it go.

Buddha taught that everything in this world is fleeting, when it is lost, only mutual love is the last thing left. In Buddhism, compassion is associated with wisdom. Can't understand, can't love. Do not understand, can not true love. Understanding is the foundation of love.Buddha taught that life is only fleeting, happiness comes and goes like a passing wind, what remains in the world forever is immense love, the warmth of human love.

Do you think understanding, forgiven, can you love that person again as before? In my opinion, love is due to fate. As long as you accept them, that's the beginning of love. Loving someone is simply accepting them completely. Remember to accept fully, not partially. You don't have to learn how to love like in books, love is abundant, cherish people like children. If you really love them, give them what they need, not what they like. If you need to scold, scold, if you need to criticize, criticize. The key is not scolding or not scolding, but whether or not we accept them in our hearts. I don't scold them to vent my anger, but scold them to correct mistakes, that's love them.

Metta Mediation is a meditation method derived from Buddhism, "metta" means positive energy, pure love, not self-interest. This love comes from the true nature of your heart.

However, for many reasons, sometimes that true mind is obscured. We can't always love others unconditionally, treat everyone equally, without discrimination and with all our sincerity. Practicing loving-kindness meditation is a way to awaken a pure and kind heart. Because only altruism can replace the selfishness that is always present in every human being.