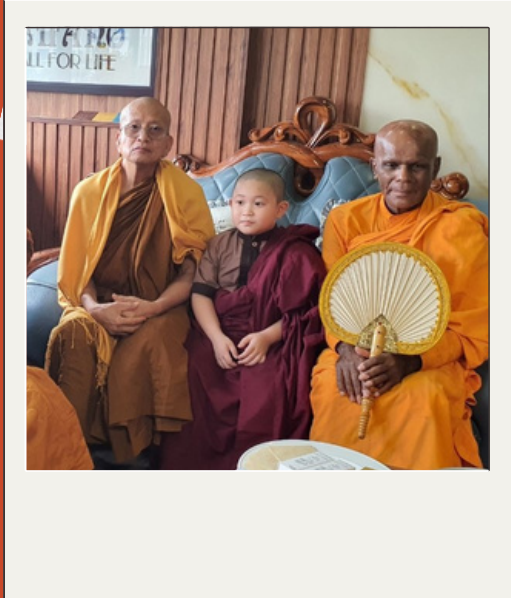


*Following the
Buddha footprints
Samanera Minh Duc*



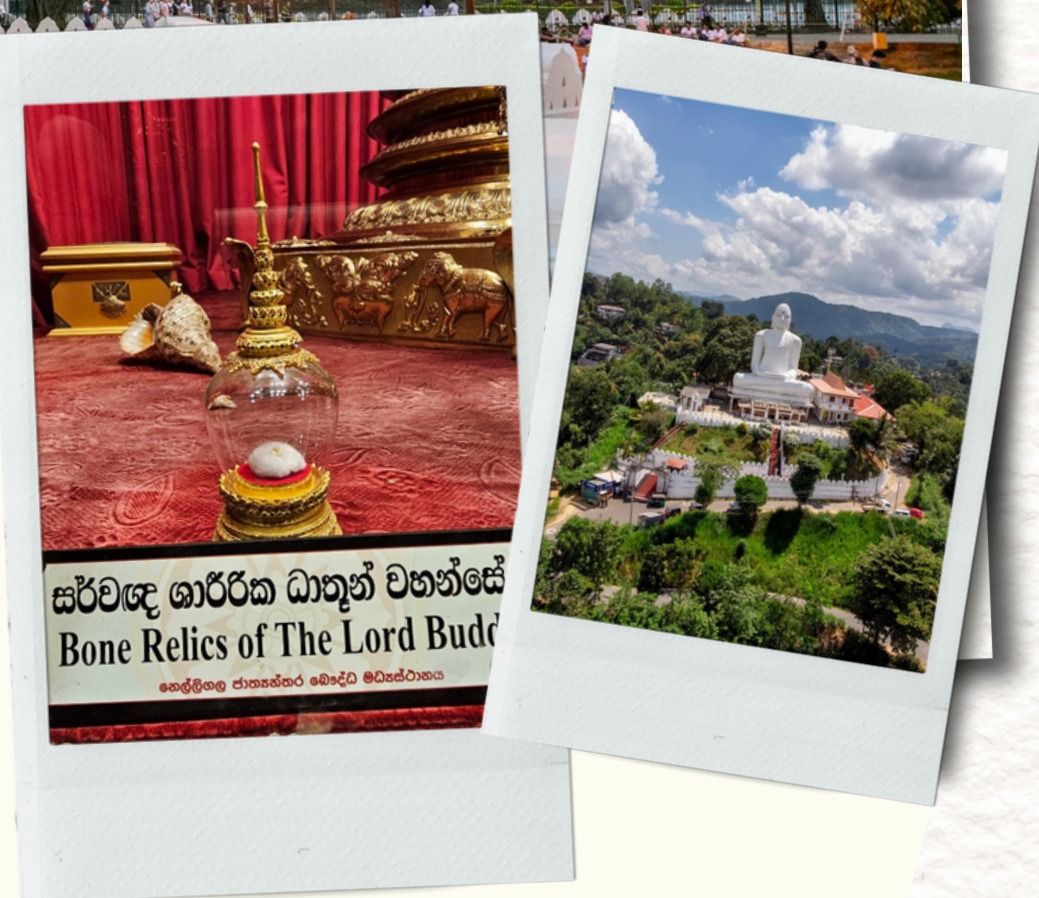


Sri Lanka, an island nation renowned for its long-standing Buddhist traditions. Formerly known as Ceylon, it is home to many significant historical and spiritual Buddhist relics.

Buddhism in Sri Lanka is not just a spiritual belief but an integral part of everyday life. The people of Sri Lanka regularly participate in Buddhist festivals and rituals, preserving and developing traditional spiritual values. It accommodates the Buddha's tooth and hair relics

Let's join the 'Journey of Samanera Minh Duc Following the Footsteps of the Buddha', to explore meaningful lessons and spiritual experiences.

Following the 
Buddha footprints



 *Samanera Minh Duc* 



Following the Buddha footprints

Samanera Minh Duc



Minh Duc and Minh Khoa are learning the Sinhalese and Pali language, helping the two Samaneras to open the door to understanding more deeply the original scriptures and teachings of Buddhism, expanding their knowledge and enhancing their communication skills.



Following the Buddha footprints

Samanera Minh Duc



Within the temple grounds, his bare feet directly touching the ground serve as a reminder of humility and a deep connection to his origins. Each gentle step is not just a journey on the path, but also a journey of the soul towards maturity.

In the light rain, the droplets on the umbrella not only protect Minh Duc from getting wet but also witness his inner transformation. His care for his Master is shown not just through holding the umbrella, but also in his attentive listening and willingness to help without expecting anything in return.

Minh Duc shows us that regardless of age or size, all of us can positively influence the lives of others.



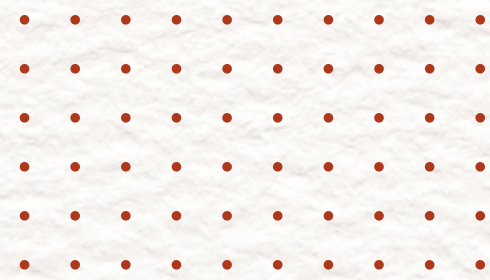


Following the Buddha footprints

Samanera Minh Duc

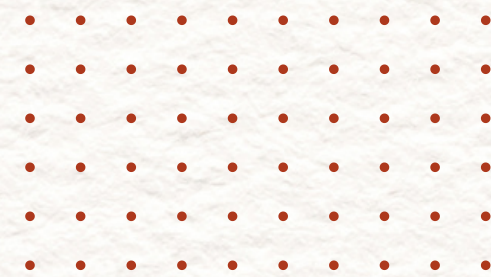


The Deputy Sangharaja teaches Minh Duc not only how to wear the robe but also how to embrace tradition and immerse himself in the flow of knowledge, compassion, and inner happiness. He instils lessons of humility and the importance of looking inward to find peace.





The place of learning has become not a strange land, but a second home, where familial bonds and mutual understanding are cultivated. The welcoming atmosphere and dedicated guidance have not only helped Minh Duc integrate into the monastic community but also opened a new door to new aspects of his soul. The initial worries and feelings of alienation gradually faded away, giving way to tranquillity and self-understanding.



Following the Buddha footprints
Samanera Minh Duc

Following the Buddha footprints

Samanera Minh Duc



"Minh Duc is also loved and respected by the local people for his genuineness and special purity.

The photographs represent the connection between the Buddhists of the two nations, embodying the profound spirit of Buddhism.





Not just through external actions, but also through the sincerity from the hearts of the Sri Lankan Buddhists. The warm affection and thoughtfulness from the Sri Lankan Buddhists create a sacred connection, transcending language and cultural differences, crystallized in every hand gesture, bow, and blessing.

Following the Buddha footprints
Samanera Minh Duc





Following the Buddha footprints

Samanera Minh Duc



The moment when Samanera Minh Duc offers alms to the Deputy Sangharaja is simple yet meaningful, representing the intersection of two generations: the experienced teacher (Bhikkhu) and the young, enthusiastic student (Samanera). The sincerity of Minh Duc and Minh Khoa, dressed in traditional robes, shows their respect and gratitude.

This is not just a ceremony, but also a moment of connecting generations, transferring knowledge and love in a simple yet significant space.



Minh Duc's journey to Sri Lanka, a sacred land, has opened a new chapter in his journey of Buddhist learning. This country, renowned for its ancient Buddhist traditions, is not only home to holy relics but also a fertile ground for wisdom and the soul.

Here, Minh Duc has the opportunity to explore Buddhist cultural heritage and immerse himself in a profound spiritual atmosphere, participating in rituals and learning from esteemed monks.

Following the Buddha footprints
Samanera Minh Duc

Following the Buddha footprints Samanera Minh Duc

The Deputy Sangharaja of Sri Lanka bestowed his biography and accepted the two young Samaneras, Minh Duc and Minh Khoa, for studying in Kandy, Sri Lanka, under the full sponsorship and loving heart of the Sri Lankan monks.





Following the Buddha footprints

Samanera Minh Duc



Paying respects to the Chancellor of the National Buddhist University of Sri Lanka.

With the sponsorship of the esteemed monks in Sri Lanka, the two Samaneras, Minh Duc and Minh Khoa, will be nurtured to become virtuous and skilled monks.





Following the Buddha footprints

Samanera Minh Duc



Samanera Minh Duc climbs up and down a 15-meter high stupa to overcome his fear of heights - a challenge both physically and mentally.

In overcoming of fear and self-conceit, Minh Duc learns the value of courage and modesty, essential qualities for a young monk.





Following the Buddha footprints

Samanera Minh Duc

The rock cave temple Aluvihara where the Nikaya suttas were first written on the palm leaves after more than 400 years of oral transmission. The first century BC.

Matale district Sri Lanka

Homage to the Main Hall where
Buddha's words are recited daily.



Following the Buddha footprints

Samanera Minh Duc

Following the Buddha footprints

Samanera Minh Duc



Famous Buddha statue in Kandy Sri Lanka.

Homage to the Rock Buddha and offered Lunch dana.





Following the Buddha footprints
Samanera Minh Duc



Springhill Forest Meditation Monastery, a place where ancient Buddhist scriptures are traditionally written on Palm leaves.

Following the Buddha footprints

Samanera Minh Duc



Unfazed by the early morning dew and cold weather, Samanera Minh Duc, just 7 years old, along with the monks and nuns, has shown a determined spirit in pursuing his spiritual studies.

An outdoor learning session on the ground at 3 AM

Following the Buddha footprints

Samanera Minh Duc



walking together under rain, marking the initial phase of training for the new young disciple is not just a lesson in obedience under the raindrops. Each step taken together by the teacher and student represents the faith the Master places in his disciple becoming a monk who is excellent in character and wisdom in the future.



Bhikkhu Visuddhamma and Samanera Minh Duc
Kandy 9th December 2023



Following the Buddha footprints

Samanera Minh Duc

Following the seniors who follow Buddha's footprints.
Truc Lam Monastery

Kandy Sri Lanka





Bhikkhu Visuddhamma, the Master, introduces Samanera Minh Duc to the Deputy Sangharaja of Sri Lanka during his visit to Ho Chi Minh City - Vietnam. This auspicious connection aids in continuing and developing Samanera Minh Duc's journey of learning, helping him to perfect himself to become a monk.

Following the Buddha footprints

Samanera Minh Duc



Minh Duc was punished with six hours of kneeling for violating discipline

When first stepping onto the path of learning, the mind of Samanera Minh Duc was often swept up in the playfulness of childhood and curious thoughts about the world around him. With a nature of stubbornness and a habit of doing things his own way, sometimes Minh Duc had to receive reminders, and even strict punishments like kneeling from his Master.

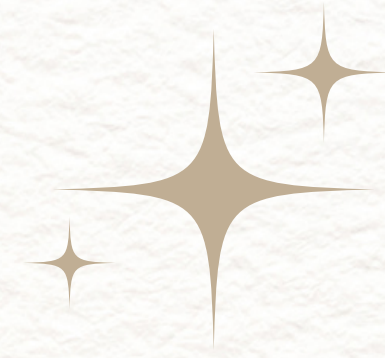
Following the Buddha footprints

Samanera Minh Duc



Samanera Minh Duc has gradually become more self-aware in his practice. Over time, with the patient and heartfelt guidance of his Master, Minh Duc has shown significant changes in himself.

This transformation not only reassures the Master about Minh Duc but also inspires those around him, proving that progress can always be achieved through perseverance and relentless effort.



Minh Duc meditated for 4 hours without moving.

Following the Buddha footprints

Samanera Minh Duc



In his spiritual journey, Samanera Minh Duc faced a major obstacle: a fear of water. His stubborn nature added to the difficulty in overcoming the fear of water.

The care and affection from his Master gradually changed that. Thanks to this, step by step, Minh Duc learned to face and gradually overcome his fear of water, expanding his limits and discovering new abilities within himself.



Minh Duc swam freely, without a supporting jacket

Following the Buddha footprints

Samanera Minh Duc



Samanera Minh Duc is enjoying an ice cream - a small but meaningful reward from his Master, showing encouragement and affection for Minh Duc.

This simple meaningful moment speaks volumes: in the journey of learning, there are not only serious lessons but also moments of joy and relaxation, helping to balance and find happiness in the little things of life.

Following the Buddha footprints

Samanera Minh Duc



Minh Duc, in his academic journey, encountered difficulties with numbers and mathematical calculations. With the adjustment of teaching methods by his Master, Bhikkhu Visuddhamma, and his continuous effort and persistence, Minh Duc gradually improved with perseverance and proper education.





At the age of seven, while most children enjoy the pleasures of play and receive both material and emotional care from their parents, Samanera Minh Duc embarks on a different journey. Under the guidance of his Master, Bhikkhu Visuddhamma, Samanera Minh Duc is introduced to alms-round, an important part of Buddhist monastic training. Through this, Minh Duc learns the precious value of food and the importance of character development.

Following the Buddha footprints
Samanera Minh Duc

Following the Buddha footprints

Samanera Minh Duc



Minh Duc took the vows and became a Samanera



With an open heart, Samanera Minh Duc made a meaningful decision in his life to become a young Samanera. This is not just a choice of spiritual practice, but also a profound commitment to pursuing ideals and learning Buddhist teachings.



Following the Buddha footprints

Samanera Minh Duc



Minh Khoa and Minh Duc

Meeting Master Bhikkhu Visuddhamma became a milestone in Minh Duc's life.

The lessons from his Master transformed Minh Duc into an inspiration for the community, exemplifying the power of continuous learning and effort. Minh Duc's life, with its positive transformations, stands as a testament to the values of perseverance and belief.



Following the Buddha footprints *Samanera Minh Duc*



Minh Duc (in the middle)
and Bhikkhu Visuddhamma



Minh Duc

In his early days at the Tue Tam Lotus Wisdom Meditation Centre, under the guidance of Bhikkhu Visuddhamma, Samanera Minh Duc began to realize the depth of lessons about compassion and human nature.

In each lecture, he not only learned theories but also how to love and share with those around him. It was a valuable learning process where Minh Duc accumulated knowledge and simultaneously cultivated his soul and character.

Tue Tam Lotus Wisdom Meditation Centre

Tue Tam Lotus Wisdom Meditation Centre, under the guidance of Bhikkhu Visuddhamma, is not just a place for learning traditional Buddhist knowledge, but also focuses on developing life skills, love, and compassion. The centre's goal is to bring Buddhist philosophies into practical daily life. Here, children are encouraged to apply lessons about kindness, connection with others, and the development of wisdom and compassion in all interactions.





Tue Tam Lotus Wisdom Meditation Centre

The Tue Tam Lotus Wisdom Meditation Centre consistently facilitates scholarship opportunities for children who wish to pursue their studies and development in countries like Australia, Myanmar, and Sri Lanka, continuing their educational journey.

Following the Buddha footprints

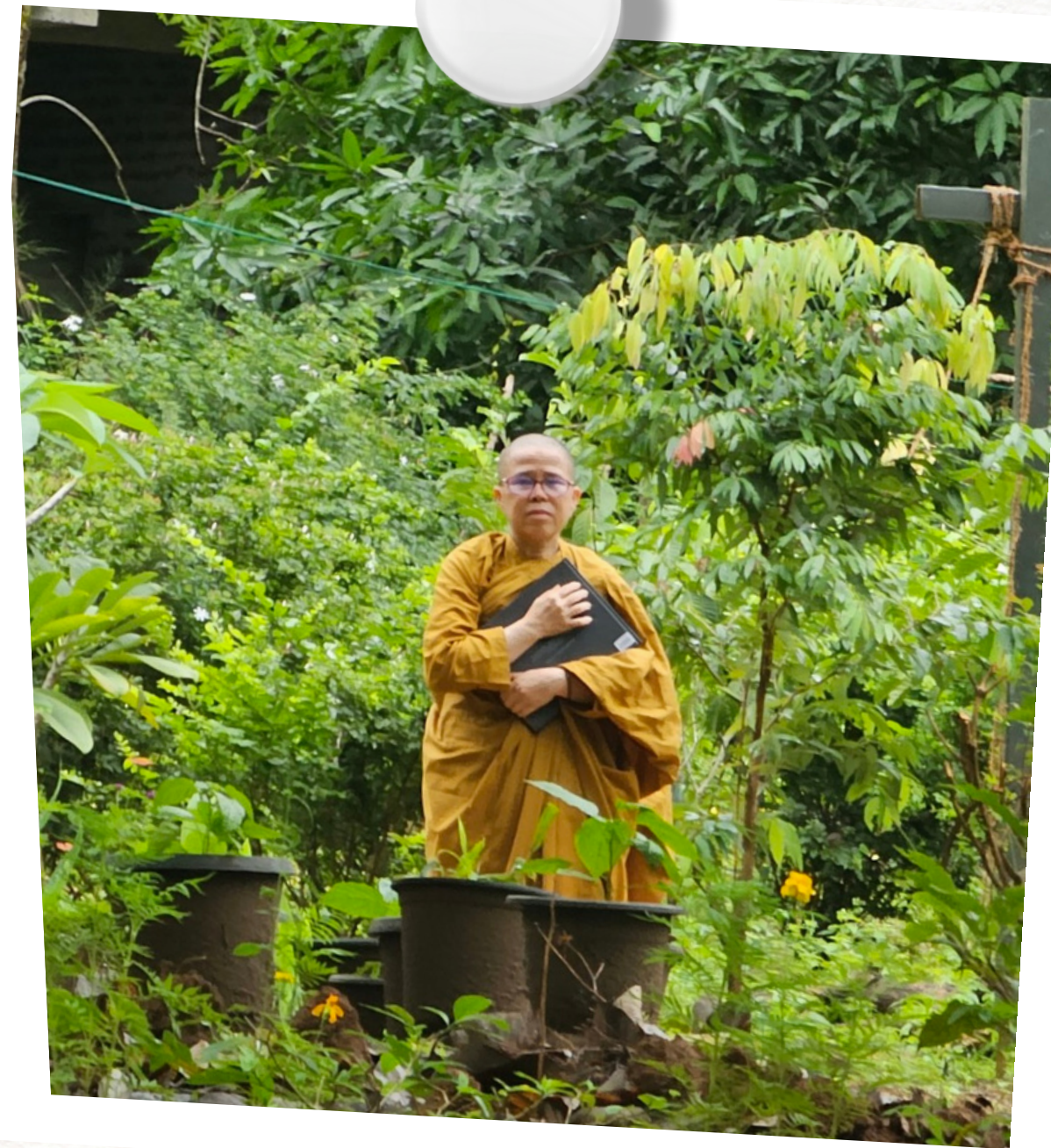
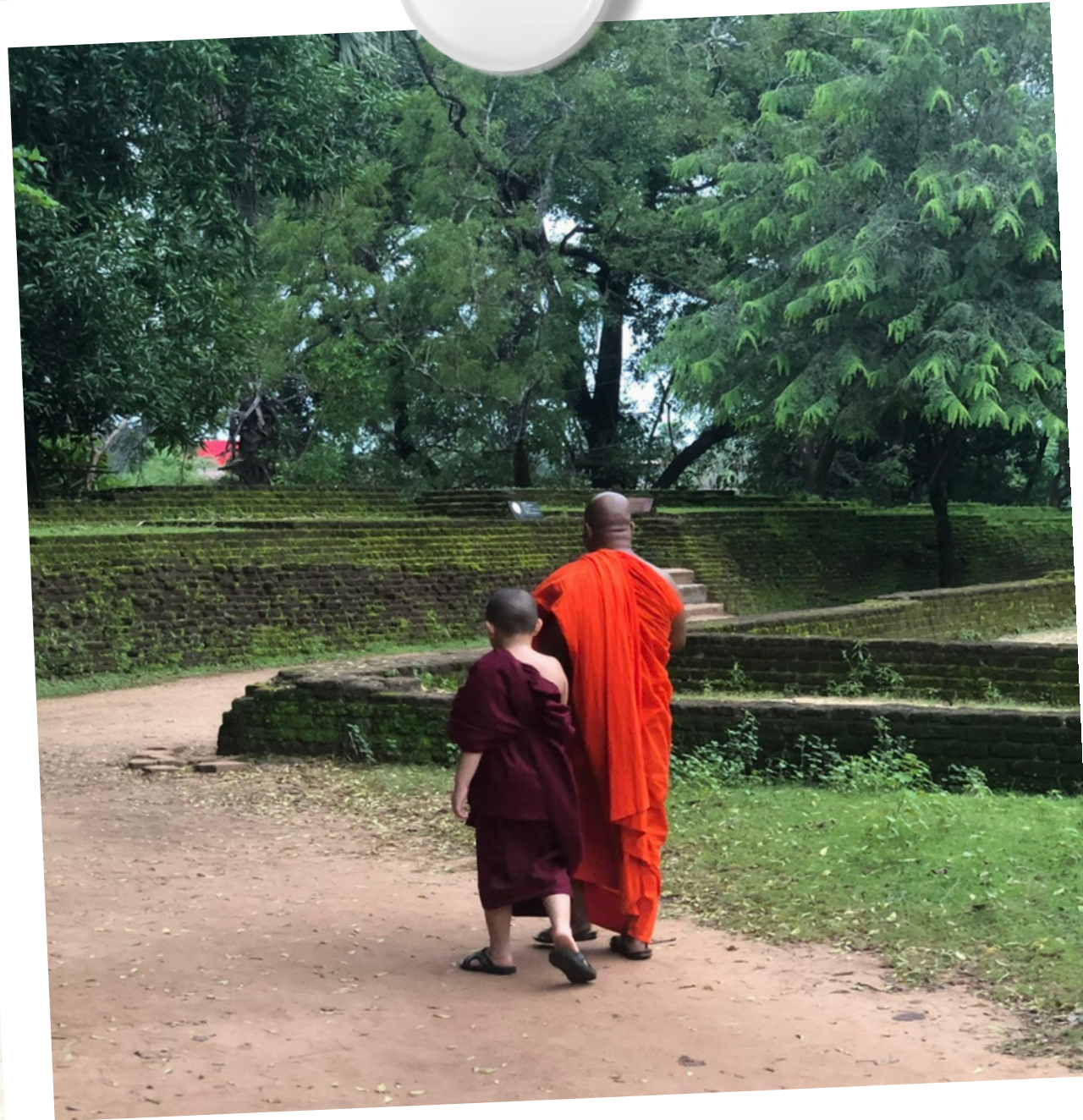
Samanera Minh Duc



Message

With an open heart and mind, Minh Duc has become a young Samanera beloved and respected by many. This transformation is not just the result of shedding the stubbornness of a boy, but also a journey of learning and maturing, where Minh Duc has gained a profound understanding of life's values.

Minh Duc is not only an inspiration for those seeking change in their lives but also a shining example of the power of perseverance and belief.



Bidding farewell to secular life, following in the footsteps of the monks... in the way of the Buddha. Leaving behind his brothers and sisters... each with their own karma, their own paths.

*Following the
Buddha footprints
Samanera Minh Duc*

Tue Tam Lotus Wisdom Meditation Centre

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